



# Honor Element 1: Let the Habit of Honor Flower

<b>Anticipatory Set</b>	<b>Let “Honor” Flower</b>
<p><b>Grade Levels:</b> All</p> <p><b>Time:</b> 5 minutes</p> <p><b>Resources</b></p> <p>Video or script Flower or flower-scented object (optional)</p> <p><b>Objectives</b></p> <p>Learners will:</p> <ul style="list-style-type: none"><li>• Define honor as trustworthiness and commitment.</li><li>• imagine a positive sensory experience in relation to the habit of heart.</li></ul>	<p><b>Teachers, Parents, or Self-Guided Learners:</b></p> <ul style="list-style-type: none"><li>• Use a flower or a flower-scented object to follow the activity while viewing the video and reading the script.</li><li>• Discuss the concepts together.</li></ul>

## Introduction

View the video of Sands Hall in the forest. If you cannot view a video, find a wildflower or a blossom, if you have one.

Breathe in the fragrance and touch the petals as you read what Instructor Hall said about her flower on the following page:



What is your favorite flower?  
Here is one of mine.

I like it not only because of its vivid color and soft petals but because of its fragrance. I can always trust this flower to smell the same way – to remind me of a warm spring day and a morass of color, because these flowers bloom with such dependability.

Because I can trust this little blossom to grow, it always makes me happy.

Are you like a flower? Can people expect you to show up? Can they trust you to always keep your word? To bring radiance into the room just by being there at the time and place, to give and not to take?

When you make a promise to do something and fulfill that promise, you show honor.

When you bring out the best in others, you also show honor.

Some people think you must win a great award to have honor.

Courtroom judges, in all their wisdom, earn the title of “Your Honor.”

As for me, I think of honor as a simple thing—to be as faithful as this little flower—so that people can always expect the best from you, every time, because it’s in the air around you.

For whom do you show up? Keep your promises to them. Show honor, and you will be as dearly cherished as this little flower.

