

 <p>Full-Circle Learning Distance Learning Unit</p>	<p>Habit-of-Heart: Empathy</p>
<p>(For Teachers, Caregivers or Self-Guided Learners)</p>	<p>Elements included for Grade 5 through Grade 12</p> <p>Mixed media for adaptability</p>
<p>Social Science, Nutrition, Life Skills</p> <p>Grade Level: 8-Adulthood</p> <p>Time: 40 minutes</p> <p>Resources: Paper conflict bridge Or stones to represent it Resources: Introductory Video by Mr. Christopher Swen</p>	<p>Element 1: The Aroma of Empathy</p> <ul style="list-style-type: none"> • Students see a video and sense the meaning of empathy. • They learn about the characteristics of rice as a useful symbol.
<p>Life Skills</p> <p>Grade Level: 8-Adulthood</p> <p>Time: 40 minutes</p> <p>Resources: Paper conflict bridge Or stones to represent it</p>	<p>Element 2: Empathy on the Conflict Bridge</p> <ul style="list-style-type: none"> • Students practice showing empathy on the conflict resolution bridge
<p>Literature, Storytelling, Writing</p> <p>Grade Level: Middle and High School</p> <p>Time: 40 minutes</p>	<p>Element 3: Storytell It: Seeing Others as Family</p>

<p>Resources: Video about Sharing Story “The Good Man” Pencil and Paper</p>	<ul style="list-style-type: none"> • Students watch a video and read a story. • They practice writing skills by adding a next chapter.
<p>Environmental Agriculture</p> <p>Grade Level: Middle and High School</p> <p>Time 1 ½ hours</p> <p>Resources: 3 Video links on rice-growing techniques (listed in curriculum)</p>	<p>Element 4: Protecting the Rice Plant</p> <ul style="list-style-type: none"> • Students learn about rice, climate change, and water conservation. • They compare growing methods and recommend one to farmers.
<p>Science, Art, Life Skills</p> <p>Grade Level: Middle to High School</p> <p>Time 2 hours</p> <p>Resources: Video of Nurses Steven D. Williams and Saybah P. Jallah Paper Pencil (Backyard drawings if not) Colored pencils (optional) Stationary, pens, envelope, stamp (unless sending message online)</p>	<p>Element 5: Empathy Heals</p> <ul style="list-style-type: none"> • Students watch video about Covid-19 • They prepare their own scientific presentations • They take on prevention challenges and life planning challenges

<p>Music</p> <p>Grade Level: All ages</p> <p>Time: 30 minutes</p> <p>Resources: Audio link</p>	<p>Element 6: Making Music to Promote Empathy</p> <ul style="list-style-type: none"> • Students learn a song a peer has recorded. • They incorporate it into their own service projects.
<p>Poetry, Geography and Math</p> <p>Grade Level: High School</p> <p>Time 1 ½ hours</p> <p>Resources: Poetry videos Maps Paper and pencil or pen</p>	<p>Element 7: Rice Poem Activities</p> <ul style="list-style-type: none"> • Students read poems and see peers perform the poems online. • They correlate the impact of empathy on individuals and communities. • They confirm their thinking with maps and statistical challenges. • They write and share a poem about their thoughts.
<p>Life Skills, Tutoring, Math, Music</p> <p>Grade Levels: Middle & High School</p> <p>Time 1 hour daily</p> <p>Resources: Variable</p>	<p>Element 8: Share Empathy at Home</p> <ul style="list-style-type: none"> • Students imagine the needs of family members. • They offer a menu of choices for meeting those needs.

	<ul style="list-style-type: none"> • They follow through on for family and neighbors.
<p>Handicrafts and Empathy</p> <p>Grade Level: Middle and high school</p> <p>Time: 30 minutes a day</p> <p>Resources: Fabric Elastic Scissors Needles Thread</p>	<p>Element 9: Send Face Masks to Prevent Covid-19</p> <ul style="list-style-type: none"> • Students make washable masks. • They send masks to essential workers and family members.
<p>Writing, Life Skills</p> <p>Grade Level: Middle & High School</p> <p>Time 10-15 minutes daily</p> <p>Resources: Paper, pencil</p>	<p>Element 10: Journaling for Sustained Empathy</p> <ul style="list-style-type: none"> • Students follow prompts for daily journals and reflections.
<p>Vocabulary, Biology</p> <p>For all users of the unit</p>	<p>Element 11: Glossary</p> <ul style="list-style-type: none"> • Preview and review as needed. • Terms not found here are discussed within the units.